

Sounds of the Sea

SPA at the Madison Beach Hotel

Menu of Services



welcome

Experience the relaxing and tranquil environment of the Sounds of the Sea Spa at the Madison Beach Hotel, where you will be enveloped in a peaceful and serene haven filled with all of the pampering that you could ever desire . . . an oasis where your body is renewed and your mind is rejuvenated.

Massage Therapy

Soothing Waves Massage

Enjoy a classic Swedish massage of light to moderately strong pressure that improves circulation, decreases muscle fatigue, and relieves tension for a feeling of complete tranquility. 60 or 90 minutes

Deep Sea Massage

Relieve muscle pain and excess tension with deep, strong strokes focusing on your areas of need, to detoxify and enhance circulation in the deeper structures of the body. Promotes healing and rejuvenation. 60 or 90 minutes

Sports Massage

Rebalance your body with firm, long, kneading strokes and assisted stretching techniques to relieve sore and overworked muscles. This combination of compression and free-flowing movements facilitates muscle recovery. 60 or 90 minutes

Hot Stone Massage

Experience a massage using the warmth of heated volcanic stones to induce deep relaxation. Pressure and warmth effectively dissolve tension and rebalance the mind and body. 60 or 90 minutes

Motherhood Massage

Treat yourself to a relaxing and nurturing massage designed just for mothers-to-be. Gentle yet effective strokes reduce swelling and increase comfort. Soothe away tension and promote circulation while enjoying extra cushioning and support. This treatment is available for mothers-to-be after they have completed their first trimester. 60 minutes

Couple's Massage

Choose from any of our massage therapies for the perfect celebration of any relationship. 60 or 90 minutes



Facial Retreats

All facials are customized to your specific skin care needs. A skin analysis will be completed before each treatment to determine your ideal facial.

Signature Organic Facial

Revitalize your skin with pure, organic ingredients that will give you a renewed and glowing complexion, making you look and feel younger. This European-style facial can be customized for all skin types. 60 minutes

Rejuvenating AHA Facial

Have a stimulating facial where highly active detoxifiers deeply cleanse and exfoliate, leaving your skin with a healthy complexion. 60 minutes

Anti-Aging, Five-Layer Seaweed Facial

Experience the therapeutic effects of pure European seaweed, applied layer upon layer to rejuvenate, tone, and firm. Your skin will be cleaner, healthier, and more radiant. Designed for mature skin. 60 minutes

Gentlemen's Facial

Enjoy a hydrating and nourishing facial designed for a man's specific needs. Includes a thorough neck and shoulder massage and an invigorating scalp treatment for enhanced relaxation. Please shave the night before. 60 minutes



Body Treatments

SOUNDS OF THE SEA Salt Scrub & Polish

Stimulate cell regeneration and improve circulation with a full body exfoliation using our signature sea salt scrub. Your scrub will be followed by an application of moisturizer, massaged evenly into your body, making you feel incredibly smooth. 60 minutes

Exfoliating Body Glow

Experience a full body exfoliation customized to your personal skin care needs. You and your therapist will choose from a delightful selection of organic scrubs that deeply hydrate and smooth your skin. Your scrub will be followed by an application of moisturizer, massaged evenly into your body, leaving your skin soft and glowing. 60 minutes

Detoxifying Body Scrub and Wrap

Flush out impurities and restore balance to your skin. All-natural ingredients are used to exfoliate and detoxify, while a warm blanket optimizes hydration. Includes a scalp and foot massage to induce deeper relaxation. This total body rejuvenation ends with a hydrating massage, leaving your skin radiant and re-energized. 60 minutes

Enhancements

Aromatherapy

Relax your muscles, mind, body, and soul. Add a customized aromatherapy blend of scents to any of our treatments.



Nail Therapies

SOUNDS OF THE SEA Hand & Foot Spa

Enjoy a relaxing manicure and pedicure. Start with a deep cleanse and exfoliation using all-natural products from the sea. Continue with a gentle peel and seaweed masque followed by warm booties and mitts. Cuticles and nails are then shaped to perfection, and nails are expertly finished with polish. 90 minutes

Spa Manicure

Have your arms, hands, and nails refined with a gentle exfoliation, using all-natural ingredients. Hands are treated to a hydrating masque and then wrapped in warm mitts to nourish and condition your skin. A relaxing hand and shoulder massage follows. Cuticles and nails are shaped and refined to perfection, and nails are expertly finished with polish. 50 minutes

Spa Pedicure

Begin this luxurious foot treatment with a deep cleansing and exfoliation using all-natural products. After soaking in our warm bath enhanced with aromatherapy oils, feet are treated to a hydrating masque and then wrapped in warm booties. Your foot rejuvenation is completed with a relaxing massage. Cuticles and nails are shaped and refined to perfection, and nails are expertly finished with polish. 60 minutes

Gentlemen's Nail Therapy

Revitalize overworked hands with an exfoliation and a relaxing massage followed by shaping, buffing, and corrective product application designed specifically for men's hands. Clear polish is applied upon request. 30 minutes

Gentlemen's Foot Therapy

Revitalize overworked feet with an exfoliation and a relaxing massage followed by shaping, buffing, and corrective product application designed specifically for men's feet. Clear polish is applied upon request. 50 minutes

Nail Enhancements

French Manicure, French Pedicure



Spa Journeys

Seascape Refresher

Indulge yourself with your choice of any one 60-minute treatment and a Hand & Foot Spa.

Seascape Recharge

Pamper yourself with your choice of any two 60-minute treatments and a Hand & Foot Spa.

Spa Journey Revitalizer

Experience the ultimate in pleasure with your choice of any three 60-minute treatments and a Hand & Foot Spa.

Spa Romance

Enjoy a Couple's Massage and side-by-side Facials followed by Pedicures for two.

Wedding Services

Special Wedding Packages are available. Please consult with our Events Manager.

Finishing Touches

Make-up Services

Make-up Consultation and Application. 30 minutes

Special Occasion Make-up. Please consult with our Spa Concierge.

Waxing Services

Full Body and Facial Waxing services are available. Please refer to our price list.

Fitness

Personal Training

Please consult our Spa Concierge to learn more about our 60-minute sessions.

Fitness Center

Our Fitness Center offers the latest in advanced exercise equipment.

Fitness classes are instructed by certified professional trainers.



Spa Information

Spa Reservations

We strongly suggest that you schedule spa appointments prior to your arrival at the Madison Beach Hotel. Reservations are subject to availability. Please call us at 203.245.1404 or email us at spa@madisonbeachhotel.com.

Arrival

Please arrive at least 20 minutes prior to your scheduled appointment time. This will allow you ample time to check-in, prepare for your treatment, and enjoy our relaxation room in order to receive the full benefit of your service. As a courtesy to the next guest, appointment duration will be adjusted for late arrivals at full fee.

Etiquette

To ensure that our guests can enjoy the peaceful sanctuary of the spa, we respectfully request that all visitors keep noise to a minimum and not use cellular phones.

Cancellations

If you must reschedule or cancel your appointment, please notify the spa at least 24 hours in advance to avoid being charged the full service fee. Cancellations of packages or private parties require one week's notice.

Age Policy

Guests may be as young as 12 years of age. However, we ask that those between 12 and 15 years of age, be accompanied by an adult.

Health Concerns

Please advise your therapist of any health concerns or questions regarding which treatment may be best for you. Any guest with heart or circulation problems, high blood pressure, diabetes, pregnancy, or any other health issue should consult with a physician before receiving any spa treatments.

Valuables

It is advisable to secure your jewelry or valuables in your guest room safe prior to your spa treatment.

Gift Certificates

Gift Certificates are available. Please consult our Spa Concierge.

Service Charge

For your convenience, an 18% gratuity will automatically be included in your bill.



thank you

*We hope you have enjoyed your experience
at the Sounds of the Sea Spa located at
the Madison Beach Hotel.*



Sounds of the Sea
SPA at the Madison Beach Hotel

MASSAGE THERAPY

Soothing Waves Massage	60 minutes \$115	90 minutes \$145
Deep Sea Massage	60 minutes \$130	90 minutes \$160
Sports Massage	60 minutes \$130	90 minutes \$160
Hot Stone Massage	60 minutes \$135	90 minutes \$165
Motherhood Massage	60 minutes \$115	
Couple's Massage	60 minutes a la carte	90 minutes a la carte
Aromatherapy Enhancement	add \$5	

For an additional charge of 20%, enjoy any of our massage treatments in the privacy of your room.

FACIAL RETREATS

Signature Organic Facial	60 minutes \$130
Rejuvenating AHA Facial	60 minutes \$135
Anti-Aging, Five-Layer Seaweed Facial	60 minutes \$135
Gentlemen's Facial	60 minutes \$110

BODY TREATMENTS

SOUNDS OF THE SEA Salt Scrub & Polish	60 minutes \$125
Exfoliating Body Glow	60 minutes \$125
Detoxifying Body Scrub and Wrap	60 minutes \$125

NAIL THERAPIES

SOUNDS OF THE SEA Hand & Foot Spa	90 minutes \$110
Spa Manicure	50 minutes \$55
Spa Pedicure	60 minutes \$65
Gentlemen's Nail Therapy	30 minutes \$35
Gentlemen's Foot Therapy	50 minutes \$55
Nail Enhancements	
French Manicure	add \$10
French Pedicure	add \$15

Sounds of the Sea SPA at the Madison Beach Hotel

SPA JOURNEYS

Seascape Refresher	
One 60-minute treatment and a Hand & Foot Spa	\$220
Seascape Recharge	
Two 60-minute treatments and a Hand & Foot Spa	\$330
Spa Journey Revitalizer	
Three 60-minute treatments and a Hand & Foot Spa	\$440
Spa Romance	
One 60-minute Couple's Massage and Facials & Pedicures for two	\$580

WEDDING SERVICES

Special Wedding Packages are available.

Please consult with our Events Manager at 203.245.1404

or by email at events@madisonbeachhotel.com

FINISHING TOUCHES

Make-Up Services

Make-up Consultation & Application 30 minutes | \$65

Special Occasion Make-up. Please consult our Spa Concierge.

Waxing Services

Eyebrow Shaping	\$20	Full Arm	\$45
Lip	\$20	Half Arm	\$40
Chin	\$20	Bikini	\$35
Lip & Brow	\$35	Full Leg	\$65
Lip, Chin, & Brow	\$55	Half Leg	\$50
Underarm	\$30		

Personal Training	for One	60 minutes \$90
	for Two	60 minutes \$110

Madison Beach Hotel
94 West Wharf Road, Madison, CT 06443
203.245.1404 spa@madisonbeachhotel.com

An 18% gratuity will be added to all Spa Treatments.
Prices are subject to change without notice.